

NOVEMBER 2024

VOL. 10 ISS. 11

SPLATSIN NEKW' TĒ MAGCA SPLATSIN MONTHLY



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Interested in a career
with SplatSIN?



Be sure to visit our Employment page
to review the available opportunities:
splatsin.ca/category/band-positions

Pursuant to section 16 of the Canadian
Human Rights Act, preference may be
given to applicants of aboriginal ancestry.



SPLATSIN'S CULTURAL DEPARTMENT NEEDS YOU!

Attention SplatSIN Members! We are seeking:

- Artisans
- Caterers
- Knowledge Keepers
- Elders who are willing to share and teach language and available on-call for events, opening remarks, and prayers.
- Youth, Elders, and Men for our SplatSIN StsmamIt Advisory Committee.

Learn more! Reach out to **Yvonne** at yvonne_felix@splatsin.ca or (250) 306-8876.

NOVEMBER 2024 CALENDAR OF EVENTS

MON	TUE	WED	THU	FRI	SAT	SUN
28 5:00 pm - 7:00 pm ↻ Wellbriety	29	30 9:00 am - 3:00 pm ↻ Riparian Planning 1:00 pm - 2:30 pm Elders' Wellness Bingo	31 9:00 am - 3:00 pm ↻ Riparian Planning 5:00 pm - 8:00 pm Splatsin Halloween Event	1 8:00 am - 8:00 pm ↻ Secwepemc Nation Gathering & Ceremony 11:00 am - 3:00 pm ↻ Reiki Treatments 12:00 pm - 1:00 pm ↻ NA Nooner Group	2 8:00 am - 8:00 pm ↻ Secwepemc Nation Gathering & Ceremony	3 8:00 am - 8:00 pm ↻ Secwepemc Nation Gathering & Ceremony
4 5:00 pm - 7:00 pm ↻ Wellbriety	5 11:30 am - 1:00 pm ↻ Firing Range Orientation	6 11:30 am - 1:00 pm ↻ Firing Range Orientation	7	8 11:00 am - 3:00 pm ↻ Reiki Treatments 12:00 pm - 1:00 pm ↻ NA Nooner Group	9	10
11 5:00 pm - 7:00 pm ↻ Wellbriety	12	13	14 12:00 pm - 7:00 pm Trades Forum	15 11:00 am - 3:00 pm ↻ Reiki Treatments 12:00 pm - 1:00 pm ↻ NA Nooner Group	16 8:00 am - 4:00 pm ↻ CORE Class	17 8:00 am - 4:00 pm ↻ CORE Class 10:30 am - 12:30 pm Self Defense Workshop
18 5:00 pm - 7:00 pm ↻ Wellbriety	19	20	21	22 12:00 pm - 1:00 pm ↻ NA Nooner Group	23 10:00 am - 6:00 pm Butchering Your Game	24
25 10:00 am - 1:30 pm Indigenous Grade 12 Day – UBC Okanagan 5:00 pm - 7:00 pm ↻ Wellbriety	26	27	28 5:00 pm - 8:00 pm November Community Assembly	29 12:00 pm - 1:00 pm ↻ NA Nooner Group	30	1



Attention Splatsin! Winter Snow Gear Grant!



The Splatsin Stsmamlt Cultural Department will be purchasing Sport Chek Gift Cards to help children aged 0-18 years with winter gear!

Registration is required. Unsure if you qualify? Still apply!

Deadline is November 15, 2024.

Register and ask any questions with Steph:
stephanie_harry@splatsin.ca





RECREATION

YOUTH AFTER SCHOOL PROGRAM

Occurring on Mondays and Fridays from 4-6 pm, this program is for youth ages 12-18. This is an opportunity for Splatsin children and youth to participate in fun, meaningful and beneficial activities.

JUNIOR YOUTH RECREATION PROGRAM

Occurring on Wednesdays from 3-5 pm, this program is for youth ages 7-14. It is geared toward introducing Splatsin children to the Recreation Program at an early age in order for our staff to develop strong connections for future programming opportunities.

SPORT DEVELOPMENT PROGRAM

For ages 10-18, this program is open to Splatsin youth who are interested in developing their interest and skills in a variety of sports. We will introduce youth to a variety of sports in hopes that they gain an interest in one or more. When this happens, staff will look for ways to get youth more thoroughly involved in their chosen sport(s).

The Splatsin Recreation Department's guiding principle is T.E.A.M.:
Together, Encouragement, Activities, and Mentorship.

	SUN	MON	TUE	WED	THU	FRI	SAT
11 NOVEMBER	27 Closed	28 No Youth In Lieu	29 Closed - Admin	30 Junior Youth Recreation Movie Night Event Splatsin Centre	31 Halloween Event	NOVEMBER 1 Secwèpemc Nation Gathering 2:00 PM to 10:30 PM	2 Secwèpemc Nation Gathering 8:00 AM to 6:00 PM
SPLATSIN RECREATION PRESENTS	3 Secwèpemc Nation Gathering 8:00 AM to 2:00 PM	4 No Youth In Lieu	5 Closed - Admin	6 Junior Youth Program Nature Walk Location TBD	7 Youth Recreation Airhouse Kelowna	8 H2O Kelowna PRO-D Day	9 Closed
Junior Youth Recreation Ages 7-12 2:30 PM - 5:00 PM (Subject to Change) SPLATSIN CENTRE	10 Closed	11 Closed - STAT	12 Closed - Admin	13 Junior Youth Program Dinner & Sports Splatsin Centre	14 Youth Recreation Open Gym Night	15 Youth Recreation Roller Skating Armstrong	16 Closed
Youth Recreation Ages 12-18 3:30 PM - 6:00 PM (Subject to Change) SPLATSIN CENTRE	17 Closed	18 Youth Recreation SNTC Meeting Kamloops	19 Closed - Admin	20 Junior Youth Recreation Lahal Splatsin Centre	21 Youth Recreation Ski/Snowboard Waxing	22 Youth Recreation Salmon Arm Silverbacks *Sign-up Required*	23 Closed
SENIOR YOUTH RECREATION AGES 19-29 TIME TBD SPLATSIN CENTRE	24 Closed	25 Times TBD	26 Times TBD	27 Times TBD	28 Times TBD	29 Times TBD	30 Youth Recreation Skiing Silver Star ** IF OPEN **
INTERGENERATIONAL ACTIVITY AGES: TBD TIME: TBD SPLATSIN CENTRE	NAAW WEEK						

For more info about the Recreation Program's contact Kyle Crump

2505407570 or kyle_crump@splatsin.ca

OFFICE OF THE INDIAN REGISTRY ADMINISTRATOR

OPEN ON TUESDAYS, WEDNESDAYS,
AND THURSDAYS

APPOINTMENT TIMES TUESDAYS, WEDNESDAYS, & THURSDAYS

9:00 A.M.
10:00 A.M.
11:00 A.M.
1:00 P.M.
2:00 P.M.

PLEASE NOTE: All clients must book an appointment. Due to the length of appointments, there will be a 15-minute grace period for clients to be tardy. If clients are beyond the 15 minutes, they must reschedule.

Non-Splatsin members need to have their membership clerk send an email to membership@splatsin.ca or fax (250) 838-6476 verification of the Status card particulars, including:

- Last known card issued (if available)
- Name
- Date of Birth
- Registration Number (Band Number)
- Registry Group (Band Name)

SELF-DEFENSE WORKSHOP

TAUGHT BY WORLD CHAMPION BLACK BELTS
DAVID ROTHWELL &
SARAH DRAHT



WHAT YOU'LL LEARN:

- SELF-DEFENSE BASICS
- ESSENTIAL TECHNIQUES
- AWARENESS STRATEGIES

TIME: 10:30AM-12:00PM
DAY: NOVEMBER 17, 2024

LOCATION: SPLATSIN COMMUNITY CENTRE
RSVP REQUIRED: YVONNE_FELIX@SPLATSIN.CA



EST. 1978

FRIDAYS OUTDOOR WINTER MARKET

OCTOBER 25TH
NOVEMBER 1ST,
8TH & 15TH

CLIFF AVE
9AM - 12PM

INDOOR WINTER MARKET

NOVEMBER 29TH
DECEMBER 13TH

SPLATSIN CENTER
9AM - 1PM

2024 CHRISTMAS MARKET

NOVEMBER 22ND
DECEMBER 6TH

SPLATSIN CENTER
10AM - 3PM

WWW.ENDERBYFARMERSMARKET.COM  

ORANGE SHIRT DAY 2024

Kukwstsamc to all that attended Orange Shirt Day 2024 and to all who had a part in making this day a success.

The Splatsin Monument Planning Group would like to say a huge Kukwstamc to everyone who helped make the Sept. 30th Walk for Truth and Reconciliation and Orange Shirt Gathering a success. There were so many people who helped!! Kukwstamc for anything you did for this gathering whether it be big or small. Over 500 people walked with us and we fed over 400 people at the feast. It was by far the biggest gathering we have had to date.



A very huge thank you to the staff at Splatsin Centre -Colton, Kyle, Sean, Tristen and custodians for your great help and set up and tear down. Thanks to Nathan Webb of Ashton Crane and Towing for bringing your truck and trailer for the survivors to ride on. Thank you to Cathy Stubington for making and donating an Orange Shirt Day banner used during walk. And thank you to Kirsten Maxine Havel for beautiful hand drawn posters used during walk and at center.

A super big thank you to the staff at the Splatsin Tsm7aksaltn who always support this event and do so much to support and make it all happen. Big thanks especially to Danielle Preece and Harlen Jones who did so much and coordinated staff helpers. We would like to say a special thank you to planning group members Aaron Leon and Murray McDonald for MCing the event. Thank you to Tkwamipla7 Crystal Morris for doing the welcome on behalf of Splatsin. Thank you to Tia Felix, Salena Webb, Tara Willard, Linda Maxime for reading survivor names.

Special thank you to Murray McDonald for teaching and coaching Amira Vergatta, Phaedra Helix, Willow and Phoenix Glimm and for the performance of their beautiful songs. It was so beautiful! A huge thank you to Randy Williams and Tara Willard for leading us in songs and honor songs. Kukwstsamc to Annie Cook and Adele Thomas for leading us in prayer at the start of the walk and at the Splatsin Centre. A special thank you to Hop You for carving this beautiful piece for Truth and Reconciliation and Orange Shirt Day. Hop loaned his artwork to us for our event. If anyone is interested in purchasing this, please contact us and we can put you in touch with Hop. Kukwstsamc to our Media People: Video Documentary - Rick Sagayadan, Duane Marchand and Deanna Cook. Photos - Dianne Honeyman and Falkus Media for footage from last year's walk.

Words cannot express how grateful we are for the beautiful food Loris Davidson, Luke Davidson, Max Davidson, Dylan Davidson, Woinshtet Bayssie, Dave Crozier, Louise Lecouffe, Jed Weibe and Carson Leo made for the feast. Food is very healing and so is the love that goes into it. After an intense day of presentations and emotions - the feast made everyone feel good. On behalf of the Splatsin survivors, the Splatsin Planning Group and everyone who attended - we say a huge Kukwstsamc. The meal was amazing! Kukwstsamc for the donations of Salmon for the Feast: Ruth Williams, George Irey Sr and Adele Thomas for donation of Sockeye Salmon and the Splatsin Tsm7aksaltn Society for donation of Chinook salmon, Tkwamipla7 Phyllis Jezewsky and the Adams Lake Fishery and crew for the donation of 15 Chinook Salmon.

We would like to thank all bannock makers for the feast! We served almost 500 pieces of bannock. Special thank you's to Neva Maxine, Delores Purdaby, Orin Cardinal, Brianna Leon. Kukwstsamc to the following people and businesses who donated food for the feast: Green Croft Gardens - cabbage and carrots, John Waters - garlic, United Church Women -cookies, Rancho Vignola - dried fruit and nuts and the Evangelical Church Women -cookies. Your donations were greatly appreciated!

Kukwstsamc to the following for contributing to gift bags for the survivors. The Splatsin Cultural Department for the donation of Splatsin bags, t-shirts, toques, ornamental feathers and Indian medicine -sage. Rancho Vigola for donation of dried fruits and nuts. (There were some left over which are being handed out to community). Shelley Verlaan, Soapolallie Soapworks for handmade soap bars the planning group purchased with funds raised. The Splatsin Monument Planning group - Grant for Orange Shirt Day and CANCO for \$25 gift cards purchased by Planning Group funds. Mikaela Cannon for the greatly discounted foraging book. Royal Mint Keepsake coins were put in the bags and will be mailed to survivors unable to attend, along with a gift card. Coins were purchased from funds raised by the planning group. The Royal Mint Coins represent Truth and Reconciliation: Learn the Truth: Practice Reconciliation. This keepsake represents a past that must never be forgotten, and a better future we can all build together. Thanks to Donna Felix and volunteers for putting the bags together.

Kukwstsamc to all of the other volunteers who helped and made the day possible: Libby Chisholm, James Clark, Lisa Posynick, George Jameson, Jan Lacko, Alison Richmond, Patti Smith, Mikaela Cannon, Willow Glimm, Phoenix Glimm (singers), Lorraine Powell, Karen Eastland, Toshe Malliette, Cathy Stubington, Amira Vergatta and Phaedra Helix.

We would especially like to thank Coordinator Donna Felix and all members of the Splatsin Monument Planning Group: Laura Jameson, Murray McDonald, Rosalind Williams, Adele Thomas, Linda Thomas, Joyce Gooch, Salena Webb, Aaron Leon, Deanna Cook, Councilor Crystal Morris. This group has met every 2nd week since 2022 to plan survivor gatherings and September 30th Truth and Reconciliation and Orange Shirt Gatherings. The Planning Group oversees fundraising and grant applications for the creation of the Splatsin Monument.

Our apologies if we forgot anyone. Please know that any action taken to make this day and the event a success was very much appreciated.

Kukwstsamc!

The Splatsin Monument Planning Group

Splatsin Fisheries

UPDATES AND REFLECTIONS

September & October recap

FISH HARVEST 2024

Chinook

Splatsin and Yuc harvested Kekasu7 (Chinook Salmon) with Adam's Lake Indian Band on Little Shuswap Lake September 26. The fish must have known that Splatsin was coming because our crew pulled in the most fish from those nets in a single day all year. ~50 Chinook salmon were processed by Splatsin Community Members at Adam's Lake and brought back to Splatsin. The Chinook were delivered to the Shihiya Cultural School, the Stamamalt Society, to Elders, and to the Tsm7aksaltn daycare who cooked many of the salmon for the Day of Truth and Reconciliation Day event at the Splatsin Community Centre.

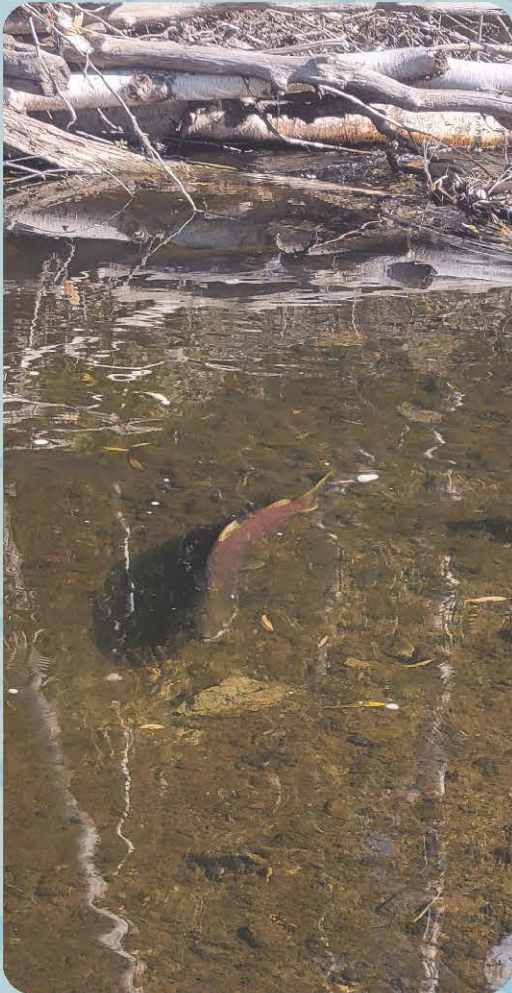
Coho

Yucwmenlúcwu is hopeful, through planning with other individuals and organizations, to do some traditional fishing for Sxeyqs (Coho Salmon) this year. In addition to harvest, each year DFO sacrifices Coho at the Eagle River fish fence for the stock assessment Coded-Wire Tag program. Yucwmenlúcwu just received 85 Coho and will likely pick up a few more later in the season. There is an event upcoming to process and distribute these fish, so keep your eyes out for posters and announcements in early to mid November!



Streamwalks: Eyes on the water.

Yucwmenlúcwu have been walking in the streams around the Area of Caretaker Responsibility. Yuc has supported streamwalks in Arrow Lakes Reservoir with skilled technicians and leads data collection in Lumby on the Bessette Creek spawning Chinook. We have developed a new initiative this year for Fortune Creek and began weekly observations to check for adult salmon using the creek. Yuc has, and continues to, check for salmon passage issues on the Salmon River. In late October Yuc staff ensures fish could reach their spawning grounds by digging out a small pathway through the shallow water at the confluence of the Shuswap Lake.



Redds!
(Salmon Nests)



INTRODUCING YOUR ELDERS COORDINATOR: TRINA ANTOINE

Waytkp tskawlc,
La7 ek t'ucw?

Re skwest Trina Antoine, daughter of Donna Antoine of Splatsin

I have been working with Title & Rights for 8.5 years and will continue to work with them three days a week and I have been recently hired as the Elders Coordinator for Splatsin two days a week on Monday and Tuesday until our elders require more time and can be flexible between the two positions. Once Title & Rights has moved to newest portables, you can find me there.

The plan is to develop a calendar with elder input that supports those over sixty who can and wish to participate in social activities that can benefit their unique interests and abilities and provides a space to share their generational knowledge and creating meaningful connections, strengthening old friendships and rekindling old but not forgotten memories while providing physical fitness and keep our minds sharp as obsidian.

I will give a list of general ideas of some of the indoor/outdoor and group activities we could consider and add or edit idea that are practical to your needs:

- Board games and puzzles such as Scrabble, Chess, Cribbage, Jigsaw puzzles are classics.
- Dance therapy use the power of music connects the body to rhythm and movement.
- Art therapy brings vibrancy and happiness to our lives and can offer a creative outlet enhancing overall well-being. Maybe we can discover some hidden talents together and shock even ourselves with our abilities.
- Music therapy known to improve muscle memory, reduces anxiety, depression while enhancing mood and emotional well-being. Helps decrease agitation which can especially benefit seniors with dementia, not to mention helps build meaningful connections, friendships and promotes community togetherness.
- Craft workshops can be a great activity when weather is not so great, like sewing, knitting, crochet, birdhouse making or jewelry making, pipestone carving all encourages skill building, supports motor ability, and a creative way to pass knowledge to next generation while sharing our interests and passion.
- Book club where we could all suggest a group read or I could read aloud to stimulate the imagination for wonderful conversation and helps us to learn others interests and passions.
- Cooking together, preparing and sharing food is medicine when you can enjoy a meal together. Learning new recipes and creating lasting memories in the heart of the home.
- Storytelling is a wonderful experience, and the wisdom shared with younger generations is priceless and fulfilling. This helps preserve valuable memories and ensures oral history is continued to be passed form one generation to the next.
- Computer classes for elders of how to use word or facetime to communicate with family members to help preserve strong connections.
- Language club could provide stimulating social interaction while connecting with fellow language speakers and learners. This could be a great opportunity to bring a friend day.
- Bringing in outside facilitators could help to explore new interests, broaden our horizons while immersing ourselves in fascinating and entertaining topics.
- Outdoor activities when weather permits could provide an opportunity to be in the open air and share the beauty of good days with the support of peers. These activities are to encourage our elders to stay energized and connecting to the land and others.
- Picnic were such a traditional practice for our people to do after church, we could return to that practice and meet in a park to enjoy the company of all our relations and do potluck picnic.
- Walking or Chair Yoga, good for motor ability and to keep joints from seizing and stiffening.
- Gardening such a lost skill and an opportunity with the help and support of one another we could do what we can that makes us smile, share tips and tricks and teach younger generation how to be self-sufficient while creating or rekindling friendships.
- Yard sales are great way to purge unwanted items, we can take turns and help one another when weather permits or have a group yard sale to help support day trips in our territory to be on the land. Going to old forgotten places could stir up some wonderful stories and memories.

There are so many possibilities, I have just listed a few to get your brains thinking of some activities that you may wish to do if you have the support of friends and family. This is our time - let's make great connections and enjoy one another.

Please contact me at number below if you need help with transportation or I could come to your home to discuss the wonderful opportunities and get acquainted and comfortable with one another.

Kukwstsamc

All my Relations!

Trina Antoine

Title & Rights Cultural Liaison/Elder Coordinator

250 838 6496 Ext 804 or e-mail elders@splatsin.ca