

CREATING CAPACITY THROUGH CREATIVITY



Samantha Panter
Háida, Two Spirited womxn
Selfcare Practitioner & Energy Worker



Charlene SanJenko
Splitsin Nation Member
Indigenous Storyteller & Facilitator

SUNDAY, OCTOBER 27, 2024

Creating Capacity through Creativity is an opportunity to connect with your creative self as we walk through a facilitated day that nurtures your Spirit, builds capacity, and fuels possibility. Charlene SanJenko is the host and facilitator, and she will be assisted by selfcare practitioner and energy healer, Samantha Panter. Together, we'll clear energy and create intentional space for more in our lives ~ more healing, clarity, capacity ~ more creative expression of all of who you are and are here to become.

Charlene SanJenko is a proud member of the Splitsin Nation on a Coming Home journey to her community and her culture. Charlene is a facilitator and storyteller who believes in the power of creativity as a catalyst for healing, remembering, and regenerating our most resilient selves.

Samantha Panter is a cultural ambassador, selfcare practitioner, and energy worker. She brings balance and wellbeing to her clients in each of these areas: Physical, Mental, Emotional, and Spiritual Wellbeing. She brings balance and wellbeing with a care-first approach to our morning workshop.

PLEASE JOIN US!

Sunrise Ceremony 7:00-8:00 am
Breakfast & Break 8:00-9:00 am
General Activities Time: 9:00am - 3:00pm
Location: Splitsin Community Center & Properties

RSVP to yvonne_felix@splitsin.ca