



Splatsin Job Description

Position Title	Mental Wellness Counsellor
Reports To	Splatsin Health Director
Department/Team	Health Centre
Effective Date	August 2023

Position Purpose

The Mental Wellness Counsellor will work as a core member of a team of healthcare professionals coordinating quality programs and therapeutic services to community members and their families to support mental wellness and promote access to social determinants of health.

Key Result Areas and Tasks

JOB DUTIES AND RESPONSIBILITIES:

- Collaborate, support, advocate and provide information to assist individuals to develop individualized wellness goals.
- Provide psychosocial assessment-based engagement and develop agreed up treatment goals and outcomes
- Provide one-to-one emotional support to Splatsin members and their families through professionally recognized therapeutic counseling modalities.
- Share knowledge via integrating Traditional Wellness strategies as foundational to Wellness
- Advocating for community members within the medical and legal systems.
- Provides assistance and supportive referrals regarding addictions treatment, housing needs, financial resources, and other emerging medical & social needs.
- Assists in planning and developing individualized wellness strategy including mental health awareness.
- Work with local and regional multidisciplinary professionals to promote mental health and well being activities, focusing on a strength based, client centered within a trauma informed approach.
- Facilitation of group sessions/workshops to teach healthy coping skills and personal resiliency.
- Designing individualized wellness programs and performing periodic evaluations to insure program effectiveness.
- Collecting and reporting data for the purpose of program evaluation including monthly & annual reports.
- Leads or co-leads projects, activities and grant proposals assigned by the Health Director.

EXPERIENCE:

- Extensive experience working with situations involving mental health, abuse, violence, addictions, trauma, intergenerational trauma, and grief/loss.
- Experience in working with adults who have concerns with substance use
- Experience in crisis intervention services including individual and group responses.
- 2-5 years experience working in a First Nations in a community-based environment.
- Advanced knowledge in Microsoft Office Suite.
- Experience using an electronic medical records system (EMR)

- Knowledge/experience maintaining a high level of confidentiality with regards to health information (BC FOIPPA).
- Experience working on a multidisciplinary team and a willingness to meaningfully collaborate to meet diverse members' needs.

Relationships and Supervision

Reports to the Health Centre Director or delegate
Peer consultation and case discussions are strongly encouraged

Competencies

- Advanced clinical assessment and relationship building skills and abilities.
- Strong interpersonal communication and relational engagement skills.
- Ability to liaise with local community resources and external agencies.
- Previous experience in providing support in a community-based environment.
- Recent Non-Violent Crisis Intervention training.
- Recent ASSIST training.
- Strong project management and problem-solving skills.
- Ability to document clinical work, maintain files, track activities using EMR systems.
- Strong understanding and modeling of professional ethics, standards of practice and cultural safety.
- Knowledge of Słatsin community and Secwepemc culture an asset.
- Demonstrated understanding of the overall harmful Colonial impacts of residential schools' experiences, 60's Scoop, Day Schools, and the Child Welfare System on Indigenous people.
- Willingness to learn about professional collaboration in a First Nations community and develop a self-directed learning plan to ensure cultural safety and respect for community traditions.
- Understanding and demonstration of crisis intervention/management and conflict resolution.
- Extensive mental health knowledge and experience of challenges for adults.
- Willing to participate in job related workshops, courses, or training to further skills.
- Ability to manage high levels of stress with tact, sound judgement.

AUGUST 2023

Work Environment

The Mental Wellness Counsellor will provide direct counselling services and consultation services to Adults and Families within the community of Słatsin.
Some outreach visits and home visits may be required based on community member needs
The main work will occur in the Health Centre office
Uses office equipment, computer skills, use of own vehicle for travel, work cell phone

Position Requirements

- Masters in Social Work, Clinical Psychology, or relatively equivalent education and training may be considered.
 - Current Registration with a British Columbia regulatory body and a member in good standing.
 - Trained in Cultural Safety and Trauma Informed Practice and/or Indigenous History/Colonialism knowledge.
 - Suicide prevention training.
 - A minimum of 3 years previous counselling experience in the past 5 years.
 - Preferably trained in specific counselling methods (Trauma, CBT, EMDR, Somatic and dissociation).
 - Commitment to team-based care and contributing to a cultural safety and cultural awareness
- Valid class 5 driver's license with clean driver's abstract.
- Must be able to provide a satisfactory criminal record check with vulnerable sector search.

To apply, e-mail your resume to human_resources@słatsin.ca This position will remain open until filled.