

# SPLATSÍN NEKŪ'ŦE MAGCA SPLATSIN MONTHLY



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## GOOD FOOD BOXES



Please submit orders by Friday, July 7, 2023.

Drop-off will be on Tuesday, July 20.

Open to everyone. If interested, please contact Mandy Heit: (250) 838-6496, ext. 809 amanda\_heit@splatsin.ca Or sign-up at reception.

## MOBILE FOOT CLINIC

July 17 & 18  
Starting at 9:00 a.m.  
Splatsin Community Centre

Please contact Dianne Wagner by calling (250) 838-9538 to book your comprehensive foot assessment. Available to those aged 10 and up; please have your status card with you.

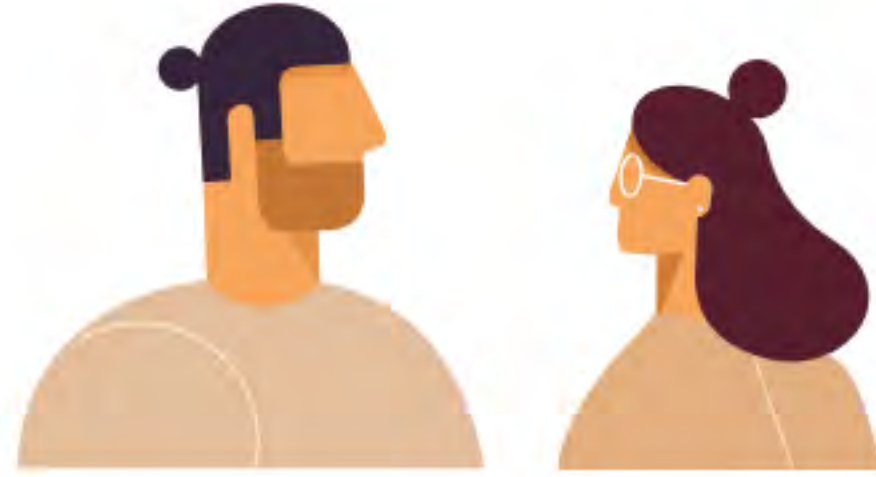
Limited seats available - book your spot today!





# UPCOMING EVENTS

## WELLBRIETY POSTPONED FOR THE SUMMER



Please note that Wellbriety sessions, usually held Mondays from 5:00 p.m. to 7:00 p.m. at the Splatsin Health Centre, will be postponed for the summer.

If you wish to continue to work on the steps during the summer via one-on-one sessions, help is available with Jean or Wilma.

Contact Jean at [jean\\_brown@splatsin.ca](mailto:jean_brown@splatsin.ca) or text (250) 306-6741; and Wilma by email at [wilma\\_maxime@splatsin.ca](mailto:wilma_maxime@splatsin.ca) or text (250) 309-9322.

## CREATIVE CORNER

July 5, 12, 19, 26  
Wed 1:00 p.m. - 3:00 p.m.



Held Wednesday afternoons in the Flex Room at Splatsin Health Centre, Creative Corner focuses on creativity and culture.



Enjoy socializing and artistic activities.

- Rattle making
- Beading
- Painting
- Designing mugs
- Ribbon skirts
- Charcoal drawings
- Medicine bags
- Dream catchers
- And more!



## CANADA DAY STAT HOLIDAY

All Splatsin Departments & Services  
July 3



Please note that the 2023 Canada Day stat holiday will be recognized by Splatsin on Monday, July 3.

As such, Splatsin offices will be closed on this day. Happy Canada Day!

## TITLE & RIGHTS COMMUNITY CHAMPIONS

July 18  
5:00 p.m. - 7:00 p.m.  
Splatsin Community Centre

Come and be the voice of change. Be part of the community champions group to discuss and learn how we can move towards a better future. Dinner will be provided!



## COMMUNITY ASSEMBLY

July 27  
5:00 p.m. - 8:00 p.m.  
Splatsin Community Centre



Dinner served at 5:00 p.m. and meeting will begin at 6:00 p.m.



# RECREATION

## YOUTH AFTER SCHOOL PROGRAM

Occurring on Mondays and Fridays from 4-6 pm, this program is for youth ages 12-18. This is an opportunity for Splatsin children and youth to participate in fun, meaningful and beneficial activities.

## JUNIOR YOUTH RECREATION PROGRAM

Occurring on Wednesdays from 3-5 pm, this program is for youth ages 7-14. It is geared toward introducing Splatsin children to the Recreation Program at an early age in order for our staff to develop strong connections for future programming opportunities.

## SPORT DEVELOPMENT PROGRAM

For ages 10-18, this program is open to Splatsin youth who are interested in developing their interest and skills in a variety of sports. We will introduce youth to a variety of sports in hopes that they gain an interest in one or more. When this happens, staff will look for ways to get youth more thoroughly involved in their chosen sport(s).

For more information about recreational activities, contact the Recreation Manager, Kyle Crump. Call (250) 838-6496, ext. 314 or e-mail [kyle\\_crump@splatsin.ca](mailto:kyle_crump@splatsin.ca).

**07 JULY**

**SPLATSIN RECREATION PRESENTS**

- Junior Youth Recreation**  
Ages 7-12  
10:00 AM-4:00 PM (Subject to Change)  
SPLATSIN CENTRE
- Youth Recreation**  
Ages 12-18  
10:00 AM-4:00 PM (Subject to Change)  
SPLATSIN CENTRE
- SENIOR YOUTH RECREATION**  
AGES 19-29  
TIME TBD  
SPLATSIN CENTRE
- INTERGENERATIONAL ACTIVITY**  
AGES: TBD  
TIME: TBD  
SPLATSIN CENTRE

For more info about the Recreation Program's contact Kyle Crump

2505407570 or [kyle\\_crump@splatsin.ca](mailto:kyle_crump@splatsin.ca)

SUN	MON	TUE	WED	THU	FRI	SAT
Closed	26 Youth Recreation Tie Dye T-Shirts	27 Closed - Admin	28 Junior Youth Recreation Tie Dye T-Shirts	29 Youth Recreation Movie	30 Closed - In Lieu	1 Closed
2 Closed	3 Closed - STAT	4 Junior Youth Recreation Canoe & Swim Herald's Provincial Park	5 Junior Youth Recreation Hike & Pontoon Boat Pillar Lake	6 Junior Youth Recreation Armstrong Pool/Spray Park	7 Closed - Camping Preparation	8 Closed
9 Closed	10-13 Youth Recreation Canoe & Camping Trip				14	15 Closed
16 Closed	17 Youth Recreation SNTC Youth Meeting	18 Junior Youth Recreation Splashdown Waterslides Vernon	19 Junior Youth Recreation Waterfall & Hike Revelstoke	20 Junior Youth Recreation Community Centre/ Enderby Pool	21 Youth Recreation Safari Ridge Adventure Park Paint Ball	22 Closed
23/30 Closed	24/31 Closed - Admin	25 COMMUNITY PARK DAY Quilakwa Park Activities & Lunch	26 Junior Youth Recreation H2O Kelowna	27 Junior Youth Recreation King Fisher Mabel Lake	28 Youth Recreation Revelstoke Disc Golf	29 Closed

NEKUSÁMES TE SPLATSIN RE TUTUWIWT  
MT'A CECÁCUTA XWISTÁS RE YAGWTWÍLCS

THE YOUNG MEN AND WOMEN OF SPLATSIN  
YOUTH WANT TO BECOME STRONG



# Upcoming Events

## Community Champions

July 18, 2023

5PM - 7PM

Community Center

Food Provided!!

## RAPP

While you're out on the land, if you witness anyone poaching, dumping garbage, harming fish and wildlife habitat, polluting and damaging the natural environment, or driving in road closure areas please report to the Conservation Officer 24hr hotline 1-877-952-7277 (RAPP).

### What to record if available:

Description and number of people involved. Height, hair colour, etc.

Details of violation

Description of vehicle and license plate

List of witnesses

If you witness fisheries violations related to salmon, contact Fisheries and Oceans Canada (DFO) at 1-800-465-4336.

Please remember not to confront or approach the violators. To report incidents to the appropriate authorities.

Also, if you witness an animal collision or see a hit animal on the side of a road, please report to AIM Roads 1-866-222-4204, so they can remove and dispose.

Do you have Artwork or Photos you want to have featured in next months T&R Keeping You Informed? Send your submissions, RSVP and/or questions to Ash, T&R Administrative Assistant: [ash\\_simpson@splatsin.ca](mailto:ash_simpson@splatsin.ca)

# Title & Rights

## Keeping you Informed



Wilma Maxime - Ash Simpson 2022

## Word of the Month

Paluk'wa - To Gather (Something)

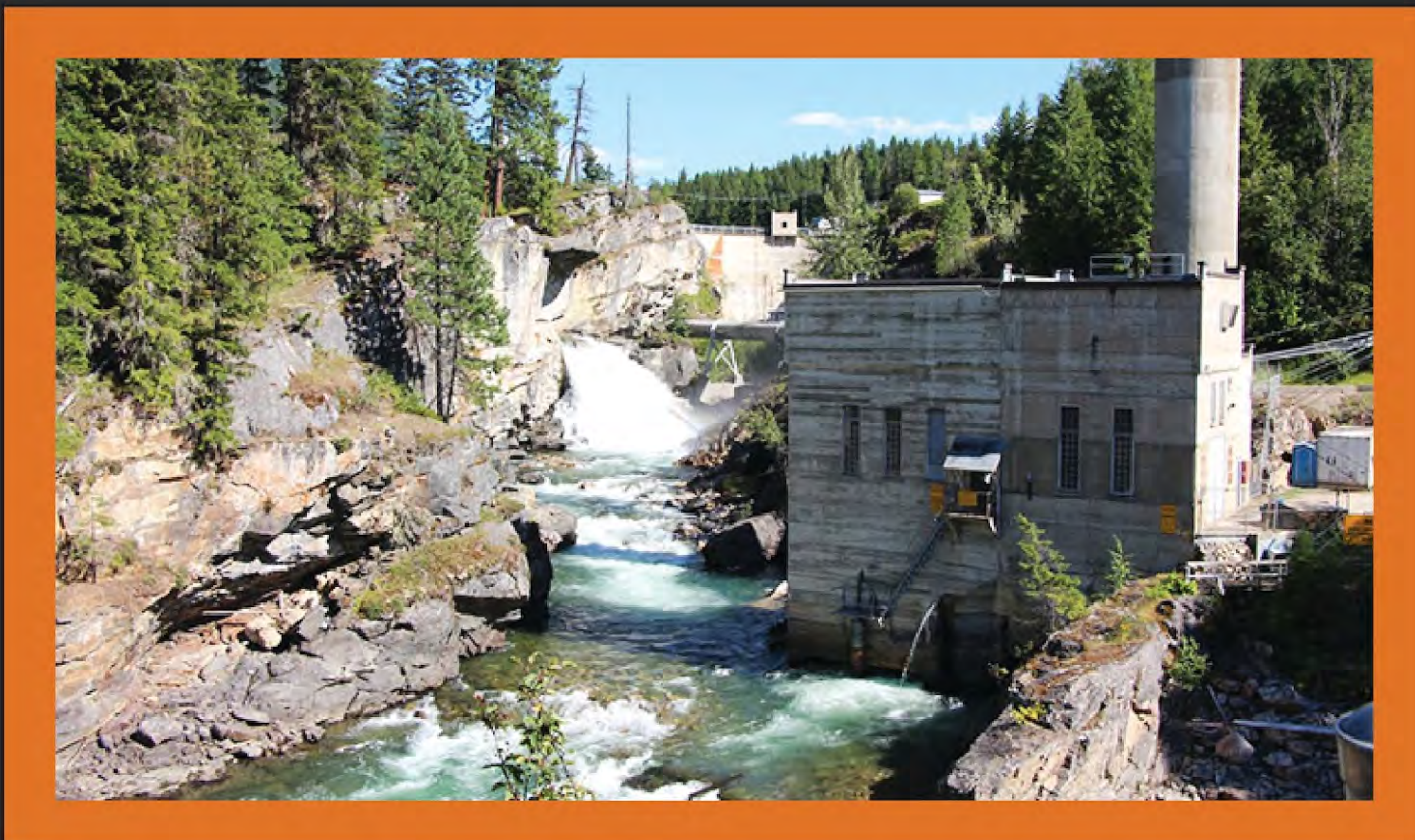
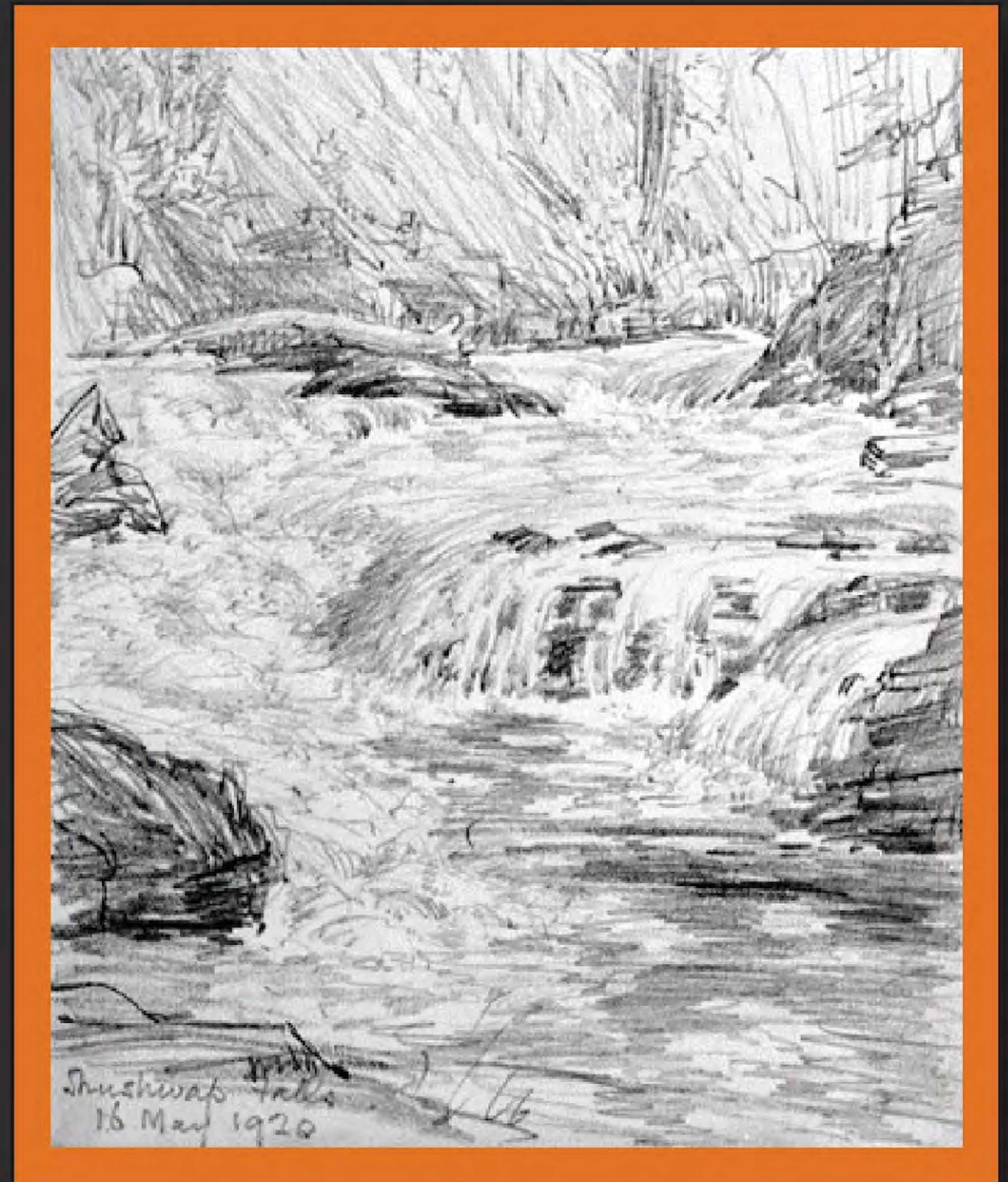




Keeping you Informed

### Wilsey Dam Decommissioning

BC Hydro is proposing the removal of the Wilsey Dam, located at Scwa7will (Shuswap Falls) to support fish passage to an additional 32 km of Shuswap River habitat. Title and Rights staff are overseeing a Cultural Heritage Impact Assessment and a Traditional Ecological Assessment in coordination with community feedback and engagement, to use as an impact assessment and to provide recommendations to MoTI for protecting and/or enhancing culturally important features in the proposed project area.





# Title & Rights

Keeping you Informed

Calling All Traditional  
Plant Knowledgekeepers



## Do You Have Traditional Plant Knowledge?

Splatsin plant knowledge sharers are invited to join an ethnobotany field study near the Trans-Canada highway at Jumping Creek on July 7th. Please contact Ash Simpson to RSVP as soon as possible as limited spots are available. Honorariums and travel expenses will be covered!

### Ethnobotany - Eth·no·bot·a·ny

The scientific study of the traditional knowledge and customs of a people concerning plants and their medical, religious, and other uses.

## Did You Know?

Yarrow

*Achillea millefolium*

Rubbing this plant on your body can help repel mosquitoes and that ground or powdered yarrow can be put on bee and wasp stings to relieve pain and swelling.



# Splatsin Fisheries

## UPDATES AND REFLECTION



**Fishing Season  
is  
Approaching!**



## STAY TUNED

Fishery dates will be announced in-season. Chinook will be returning to the Shuswap this year along with small returns of Sockeye and Coho. Chinook, Coho, and Sockeye will also be returning to the Eagle and Salmon rivers. These fisheries will be open 24h/day, 7 days a week during the salmon season. Please keep your status card on you when fishing.

## JOB OPPORTUNITIES:

### Splatsin Stock Assessment Catch Monitor

Conducting interviews with Splatsin anglers in Enderby to ensure fishing rights are being asserted.

### Stock Assessment Catch Monitor at Mabel Lake

Collecting in-season fishing information from interviews at different sites around Mabel Lake.



Contact Kyle Krahn

[kyle.krahn@splatsindc.com](mailto:kyle.krahn@splatsindc.com)



# Identifying

# Salmon

## COHO • Sxeyqs

Female



Male



- Green-black head
- Red body
- Spawning: brown body
- Spots only on back and upper tail
- Black mouth with white gum line

## CHINOOK • Kekésu7

Female



Male



- Silver (blue-grey) body
- Spawning: olive-brown body
- Large back spots
- Black mouth with grey gum line

## SOCKEYE • Sqleten7úwì

Female



Male



- Dark blue-black back with silver sides
- Spawning: bright red body and greenish head
- No spots
- Black mouth with grey gum line

## HATCHERY VS WILD SALMON

No fin indicates:

HATCHERY



Fin indicates:

WILD



Written by Kyle Krahn  
Graphics by Brianna Ragsdale