

Shihiya Monthly Newsletter

February 2023



Dates to Remember

- February 1st and 8th - K5 - Gr.7
Swimming lessons - Vernon Rec Centre
1-2pm
- February 2nd - Field Trip - Gym of Rock -
Intermediates Gr.3-7
- February 14th - Valentine's Day
- February 15th - Field Trip - Gym of Rock
Primary K4-Gr. 2
- February 17th - Pro D Day - No School
- February 20th - Family Day - No School
- February 22nd - Pink Shirt Day

News from Ms. Miller's K4-1 Class

Sandra - CEA

We have started on Term 2 Culture Story, How Bear Lost His Tail. In January we learned about Land, Water, Sky and Seasonal change. We talked about our feelings, and how our brains are our thought makers and our hearts are our feeling keepers.

We continue to progress with our Read Well program and now know 14 letter names, sounds and poems. Students continue to write in their journals. They have written on topics covered in class such as, practice pays off, some dogs have jobs (Police dogs), and insects.

Swimming lessons and cross-country skiing were a lot of fun! We are looking forward to our session with the Allen Brooks Nature Centre!



PELLCTSIPWATTEN "CACHE PIT MONTH"

News from Miss Racher's Gr. 1/2 Class

We were so happy to welcome students back to their school routines in January. The start of the new year is always a great time for us to review our class rules, problem solve where needed and spread kindness. Last month, reading group topics of study included "Acts of Kindness", "Families" and "Natural Disasters". In Math, Grade 1s worked on addition and subtraction story problems, identifying one more and one less than a number, counting mixed coins (dimes and pennies), lines of symmetry, counting by tens starting from any number and writing the complete date. Grade 2s worked on identifying $\frac{1}{2}$ hour ago and $\frac{1}{2}$ from a given time, fractional representation of a whole, filling in missing parts of a hundreds chart and rounding temperature to the nearest 10. Linked to our "How Bear Lost His Tail" traditional story of the term, we are exploring nocturnal and diurnal animals in Science as well as the passage of time and seasonal change. In Socials we have started working with "The Incredible Flexible You" curriculum. This program supports students developing the skills to think about others, play collaboratively and establish / maintain friendships. I look forward to a healthy and productive term ahead with this amazing group of hard-working and thoughtful students. Thank-you to all of our families for your ongoing support.

Amanda Racher

News from Mrs. Marta's Gr. 3/4 Class Skwlax - TA

Last month Students started swimming that will continue in February. We went cross country skiing at Sovereign Lake. Students, Parents, and staff met up at Silver Star for a weekend of learning, connecting, and fun. We started our new story "How Black Bear Lost his Tail". Students will be working on a research project on one of the animal characters from the story, as a group. We will be creating a felt project students can take home to retell the story. This term we will focus on Respect, Honesty, and Courage from the 7 Sacred Teachings. We have plans to go to the Kekuli, Gardom Lake, and Gym of Rock. This month students will be learning about dental health, animals in winter and friendships.

Thank you, Kukstsamc for continuing to send your child ready to learn! Please contact me if you have any questions or concerns.

Ashley Marta and Skwlax Bird

News from Mrs. Kopp's Gr. 5-7 Class Danielle - TA

It was great to welcome students back into the New Year 2023. The start of a new year is a great time to review our classroom routines and expectations with students and staff. This term we are using the traditional story "How Bear Lost His Tail" as our anchor story for learning. In Science we are learning about Seasonal changes and how animals adapt or migrate to their environment. We have enjoyed X-Country skiing at Sovereign Lake and Swimming Lessons at the Vernon Pool. We are looking forward to snow shoeing and Snow Shelter building at Gardom Lake at the end of January. Students have been working with the art medium of plasticine creating winter landscapes. The Grade 5-7 class have had our Salmon Eggs arrive before the break and we were super excited to see they have hatched over the Winter Closure. We will begin to feed them in the next couple of weeks and release them in June at Kingfisher Interpretive Center. Thanks for sharing your children with us and I hop everyone has a happy and healthy 2023. In February we will be recognizing Pink Shirt Day and continue to work daily on being kind to one another for the remainder of the year. Before we know Spring will be here.

Reidun Kopp and Danielle Arter



News from John Jones

Cultural Resource Coordinator

Waytk-p

I would like to acknowledge our Mentor Donna Antoine; she is our fluent speaker and does excellent work in putting our written work into the Splátsin dialect. This process is time consuming but well worth the effort.

This year we are continuing to teach Secwepamctsin 1, culturally based language activities and stories. Our regular lessons we are currently wrapping up 'Colors'. In a lesson we usually have ten vocab words. Each word is used with a set question and a set answer. This not only allows students to increase vocabulary but also teaches students the structure of our language. Secwepamctsin 1 consists of 45 lessons, all set up the same way, set questions and set answers, this is the building blocks to fluency.

Cultural based activities we choose an activity and put Secwepamc words to the activity, an example would be stick games, we have words that include the name, captain, sing, point, hide, correct. We are learning new words and phrases as we continue to play. We just finished the story of, 'How Bear got its Tail', we have a shortened version of the story in Secwepamtsin in Book Creator.

Book Creator is a program where the language staff can make books that staff and students can access. We have created a few books that include, Sllikma'wes (stick game vocabulary), a traditional story, 'Coyote Juggles his Eyes', the book has written Secwepamctsin and an English translation and audio clips for each sentence.

We have been working on a talking dictionary that will have words or phrases written in Secwepamc and translated into English with an audio clip. This will allow students and staff access to our language. Considering the amount of time this will save our fluent speakers, as the audio can be replayed as many times as the learner wants. We are currently working on getting the language into the homes where students and parents can learn together.

Constance's Kitchen

Raw Vegan Mayo and Dip\Dressing

½ cup raw cashews (almonds, or pumpkin seeds would work)

1 tbsp apple cider vinegar or Lemon juice

1 tbsp Extra virgin olive oil

A pinch of salt to taste

A little water to help thin out the Mayonnaise.

It has a fridge shelf life of one week.

Directions

Grind up the nuts or seeds in your blender or food processor

Add the rest of the ingredients mix well.

Place in a container with a lid.

Chill in the fridge for a half hour to an hour.
Serve with your veggie platter.





SilverStar Parent Retreat

January 13th – January 15th



Shihiya students had the opportunity to spend the weekend up at SilverStar with their parents to foster parent engagement while learning, connecting, and having fun on the hill!

Shihiya staff hosted three parent sessions where they shared information about:

- *Shihiya's plans for the future*
- *How language and culture is being taught*
- *How Shihiya is addressing Truth and Reconciliation*
- *The process for the new school*

The topics sparked meaningful discussions and brought forward valuable input from parents.



18 families attended
28 Adults
40 Children

