

2023 SHUSWAP DREAM CATCHERS WAIVER FORM –

MUST be filled in and sent with Registration Form. (For ages 14 – 18 years)

Failure will result in student not participating in workshops.

The Adams Lake Band offering my son or daughter _____, an opportunity to participate in a high risk activities. All due care & diligence will be taken during all activities by all staff and volunteers. I agree to waive all claims I may have against and release from all liability and agree not to sue Adams Lake Band/partners/associates/organizing committee/instructors/facilitators/the facilities for any personal injury, death, property damage or loss sustained as a result of my son or daughter participation in the outdoor activity arising out of any cause whatsoever, including negligence.

I hereby give my consent, and acknowledge by my signature that:

My son or daughter has no illness, allergies or disabilities that may require special attention and is fully able to participate, as described here:

EXEMPT: (List Here)

I am aware of the usual risks and danger inherent in participation in all of the activities associated with the outdoor recreational program, and the possibility of personal injury, death, property damage or loss result from the activity. The danger and risks may include, but are not limited to:

Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or staff of Adams Lake band/partners/associates/organizing committee/instructors/facilitators/the facilities where the activity is taking place. By allowing your child to participate in the activity, you are accepting the risk of any accident occurring, and agree that this activity, as described above, is suitable for your son or daughter.

In signing the Consent and Waiver, I am not relying on any oral or written representation or statements made by the Adams Lake Band to induce me to permit my son or daughter to take the trip, other than those set out in this Consent and Waiver.

I am parent/legal guardian/Chaperone of age or more and have read and understand the terms of this consent and waiver, and understand that it is binding upon me, my heirs, executors, and administrators.

Media Coverage:

Throughout the Conference videotaping, camera, interviews will be conducted therefore, I agree that my daughter or son participation.

NAME: _____

Signature _____
Signature of Parent/Legal Guardian/Chaperone if under 18 years

Witness: _____

Date: _____

Special Guest Speakers

Stephen W. Tooshkenig travels across Turtle Island speaking and inspiring Nations and communities. His passion for golf has led him down many fairways, giving thanks and sharing healing stories along the path of life. His father Bill Tooshkenig is Pottawatomi from Bkejwanong Territory, and his mother Shirley Tooshkenig (Huff) is Lunaapeew from the Delaware Nation of Moraviantown.

Today, Stephen travels across North America sharing and offering words of courage, strength, and hope. His words are heartfelt, and his personal journey is about resilience, family and helping others in the circle of life. Stephen is a recent graduate of Loyalist College with a Social Service Worker in Traditional Knowledge. He serves as a board member for the Attorney General with the OVC and was recently honored with an Award for Courage and Bravery. In 2022 Stephen was featured in the national golf publication known as SCORE golf as the feature cover story about his journey as a First Nation golf professional.

Jason Simon is a former NHL hockey player, Motivational Speaker and Medical Exercise Specialist. Mr. Simon is of Ojibwe descent and currently resides on Aamjiwnaang First Nation in Sarnia, Ontario, Canada. Jason is passionate about inspiring Indigenous youth through sharing his story of experience, strength and hope. Audiences are enlightened by tales of resilience, perseverance and hard work dedicated to overcoming cultural, environmental and lifestyle challenges. Major focus points include: 7 Grandfather Teachings, lifestyle balance - physical, mental, emotional and spiritual health, short and long term goal setting and facing the unique challenges of navigating the world as an Indigenous person. Called by the Great Creator to lead and inspire Indigenous youth; Jason's life purpose is to serve as a role model and mentor to Indigenous Nations' future leaders.

Kym Gouchie With ancestral roots in the Lheidli T'enneh, Cree and Secwépemc Nations, KYM GOUCHIE is fostering change through her music and art. Her music and storytelling bring awareness to First Nations and women's issues, promoting reconciliation and community building while reminding us that we are all in this together. Her stories are a testament to the human spirit, weaving together threads of her own journey from personal tragedy to triumph.

Kym's traditional hand drum, acoustic guitar, full-bodied voice and authentic storytelling make her a powerful force. She performs solo, duo, trio and full band, bringing in talented collaborators on vocal harmonies, cello, keys, mandolin, banjo and electric guitar. Indigenous-folk, and country tones alongside poignant and inspirational lyrics capture the hearts of young and old — her eloquent performances have a lasting impact on her audience, instilling a message of truth and understanding. Throughout the pandemic, Kym has been called upon by organizations around the world to offer indigenous insight and act as a healing bridge, connecting hearts and minds for growth.

A respected elder-in-training of the Lheidli T'enneh Nation, also known as Prince George, BC, Kym speaks and performs at schools, conferences, traditional welcoming ceremonies, and cultural gatherings around the world.

7 Generations Teaching Guest Speaker – TBA

Workshop Section – Morning Session 9:30 am – 12:15 pm

Traditional Medicines - Mitch Helary,

Section A (9:30 am – 10:45 am)

Mitch Helary Adams Lake Band Cultural Worker, is a Cree artist from Northern Saskatchewan. He specializes in beadwork, leather work, traditional instruments, and natural remedies.

Traditional tobacco teachings and tobacco pouch making workshop:

Youth will learn a brief history of tobacco in North America, traditional uses, and significance of tobacco for ceremony, protocol, and offerings. They will also assemble a tobacco pouch, which they will be able to take home.

Medicine Wheel – Dorothy Jones

Section A (9:30 pm – 10:45 am)

Section C (1:15 pm – 2:45 pm)

Dorothy (Dodie) Jones ren kwast tis Splatsin ka.

My name is Dorothy (Dodie) Jones I am from Splatsin.

Dorothy Moore Vedan Jones re skwasts.s ren ki7ca tis Texelc.

My Mother's name is Dorothy Moore Vedan Jones from Sugar Cane.

John Jones Sr. re skwast.s ren qatsa tis Splatsin.

My father is John Jones Sr. from Splatsin.

I would like to give thanks to the Adams Lake First Nations community, Education Dept. for giving me this opportunity to attend and present at the 2023 Dreamcatcher's Conference.

I will be sharing information about the Medicine Wheel Concept from my personal perspective as a Splatsin Secwepemc woman/human being. I look forward to meeting you in the near future.

Medicine Wheel Concept is in it's simplicity and my Share is personal. I hope this is what you are looking for, for your youth who will be attending the ALIB 2023 Dreamcatcher's

Drumming – Tara Willard

Section A – (9:30 am – 10:45 am)

Tara Willard is from the Secwepemc Nation, with paternal grandmother from Splatsin and paternal grandfather from Neskonlith, Secwepemc communities. Her maternal grandparents (Irish and Scottish) resided within Secwepemcu'lecw in the North Shuswap at the Lazy R Ranch. Tara has a BA from the University of British Columbia, with a major in English. Her educational and working journey have brought her to many Indigenous organizations, departments, First Nation governments, and training environments. Most of the work that Tara has been doing is within the Health and/or Education field. Tara has work experience within Secwepemc Nation, Neskonlith band, K-12 public education, university education and community education. The past 18 years have also been dedicated to music, ceremony, and family. Tara has appreciation and love for the diversity of Indigenous cultures, languages, and ways of being – Tara will be teaching Drumming Workshop

Graduation Requirements – Greg Gartrell

Section B (10-45 am – 12:15pm)

Greg Gartrell will talk about the graduation requirements in British Columbia and look at the different programs of graduation. I will also speak about opportunities in our district to gain credits towards graduation in different fields and different ways. The credits needed to graduate can come from a variety of sources and even courses within the school. Students will learn about what is needed to ensure that they have taken the proper steps to be on the right path to graduation.

Peter Michel & Darryl LaBoucane – Learning to Survive–

Combine A & B (9:30 am – 12:15 pm)

Cst'stel'en muc en ella Momich'muc, en ella Sexqeltin' muc, en ella Tk'emlups te Secwepemc. K'wseltkten7wi, Qet'cha, Joseph, Ki7a Anna ell Sa7a7a Janice, ell Gusac Jonathan. I am from Adams Lake, from the area of Momich and Adams Lake and through marriage from the Kamloops Territory of the Secwepemc People. My father is Joseph and mom is Anna and wife is Janice and our son is Jonathan and daughter in-law Matty. My parents are fluent speakers of the language and later in life passes down the language to their children. I was taken early for training with my uncle and grandfather and grandmother to learn the traditional practices of the Secwepemc. In my working career I have been a classroom teacher, a university professor, a school counsellor, a principal, and Aboriginal family counsellor and Aboriginal Youth and Family consultant. The balance in my life is the traditional training from my Grandmother and Grandfather in their teachings on land through the re-telling of Stsepteklwe. The Coyote lives forever and is brought back to life in the stories. The messages and teachings from Coyote stories in central to my view of my world. My uncle Lawrence trained me in rites of passages and the s'qilye (sweat lodge) traditions. My first teachers were my family and traditions.

In my case, I am Spu7apps, Mus Gusac Hee Whelst, Pikapoose, and Peter Edward (Eddie) Michel. I grew up in two worlds where I learned both the Interior Salish Plateau traditions and the Western traditions.

Peter Michel & Darryl LaBourcane – Traditional Lahal

Section C (1:15pm – 2:45 pm)

Traditional Lahal teachings

Learning different techniques and styles of Traditional Lahal and history behind Traditional Lahal.

Fisheries – Adams Lake Fisheries Dept Brennan Lund & Tony Dennis Jr.,

Workshop A & B (9:30 am – 12:15 pm)

Workshop C & D (1:15 pm– 4:30 pm)

Brennan has worked within ALIB Natural Resource department for just over 2 years. Brennan specializes in fisheries and studied Natural Resource Science at Thompson Rivers University. He grew up on Vancouver Island, where his passion for all things fish began. Brennan spends all his spare time either fishing or hunting or enjoying time exploring the land. He is happy to share what he knows about salmon, and to teach the methods to process and prepare whole salmon for smoking, canning, or cooking.

Tony Dennis Jr. - Tony grew up on the shores of Little Shuswap Lake and has enjoyed hunting and fishing in the areas around the interior his whole life. He has worked for ALIB Natural Resources for over 3 years. His knowledge of fishing and hunting is extensive, and he always takes the opportunity to teach others. He will demonstrate his favorite ways to prepare salmon.

University Preparation – University

Section D (3:00 pm – 4:30 pm)

Brief outline of what Universities has to offer and meet Aboriginal Team

Archery Workshop by Mitch Helary

Section D (3:00 pm – 4:30 pm)

Youth will learn archery form and safety and bow and arrow terms and anatomy. They will then can practice shooting the bow.

Video – Craig Duckchief

Workshop A & throughout entire Conference

Craig will teach different techniques how to record and use a camera to video tape entire Youth Conference

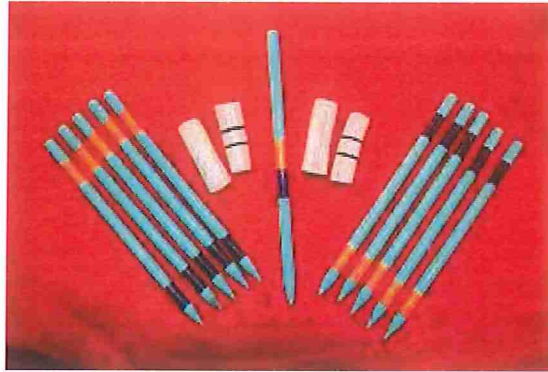
The K^wu Sukwna?kinx Canoe Family , Xastitkw Michel & Amber Kruger

Combine Workshop C & D (1:15 pm 4:30 pm)

The Penticton Indian Band Youth Group started out as a fun after-school program. Our group knew we wanted more for ourselves and so with the support of our Youth Worker, we developed ourselves into a Leadership group. In one of our planning sessions, we heard of the Pulling Together Canoe Journey. We trained the best we could and when we arrived we got dropped off with no canoe, no paddles, and no life jackets. It was a challenge, but with the help of our new friends, we made it and by the end of the journey we were hooked. This was the beginning of the K^wu Sukwna?kinx Canoe Family. Each year our crew became stronger, and we created important connections with our canoe, the water and most importantly with each other. In this workshop, you will hear some of our stories, our struggles, and all the adventures we had (which includes a trip to Scotland and the Shetland Islands). We hope that you will be you learn from us that “Impossible is Nothing”. We look forward to meeting you!

Secwepemc Dreamcatchers Youth Conference
Lahal Tournament
March 17th, 2023 @ 7:30 pm
Location: Adams Lake Band Gymnasium - Chase, BC

1st (\$1000) 2nd (\$750) 3rd (\$500) 4th (\$300)



Open to Youth Conference Registrants ONLY.

LAHAL RULES & REGULATIONS:

1. Any participant not following the Official Tournament Rules will be penalize or disqualified from Tournament
2. All stick sets shall be available for inspection: Kick Stick rule applies. Whoever wins Kick Stick decides 5 or 6 Stick Set.
3. No thumb pointing or fake guessing is allowed. The first point is your guess.
4. Bone hidiers must stay out after hiding, no going back under/
5. **No.** guessing with the bones, Fingers point guessing only. Four Basic Points
6. Scarves may be used when hiding bones, but must come out with both hands showing.
7. A team must be comprised of 2-5 players; must have majority registered youth on team – max 1 Adult
8. Anyone under the influence of alcohol and or drugs will not be allowed to participate in the tournament. If caught, your entire team will be disqualified from further tournament play
9. When guessing, the gesser may not hold hider only on the last stick
10. Adams Lake Band is not responsible for lost or stolen items, injuries, short funded travelers and or broken relationships
11. **NO ALCOHOL OR DRUGS PERMITTED**
12. The Adams Lake Band Committee Reserves all rights to alter change or cancel this tournament at its sole discretion, with or without notice; and will make all final rulings.
13. Co-coordinator be announced at supper time



Secwepemc Dreamcatcher Youth Conference

Secwepemc Talent Show for Ages 14 to 18



March 18th, 2023

Adams Lake Band Gym – Chase, BC

Registration Form

COMPETITOR Information:

Name: _____ DOB: _____

Home Address: _____

Home Phone: _____ Cell Phone: _____

Email: _____

I hereby consent to the filming, publication and recording of such contribution, the nature and the content of which has been outlined in the terms and conditions.

The organizers shall not be liable to me or my legal representative for any loss or damage or injury to me or my property caused by or suffered during or in connection with my talking part in this event, including without limitation, because of personal injury, invasion of privacy, libel, defamation or infringement of copyright.

(Sign Here) _____ Date: _____

Signed by: _____ Date: _____
(Parent/Legal Guardian)

Relationship to Competitor: _____

Basic Rules:

- Performer limited to Single and Duos, Groups
- Vocal with backing track or Vocal with instrument only & regalia, etc
- Judges will decide on 1st, 2nd, & 3rd Prize and will be final
- Must supply & notify committee/Sound Person of your back up music (CD track, guitar, keyboard)
- ½ hour before Show Time starts is Deadline to receive Registration
- Qualifiers will perform on the Main State during the evening of March 18th, 2023
- Winners will be announced following evenings event - Payouts on Final Day of Event March 19th, 2023
- No professional (*those already performing for money*)
- No use of profanity
- **MUST** Attend all Workshops – (Validation of Workshop,
- **No Adults Allowed**

2023 Dream Catcher Shuswap Conference Secwepemc Talent Show



Performance Guidelines:

- All performers must enter or wait in the back room of ALIB Gym
- Come Prepared for 2 performances – tie breaker. Depending on number of entries, you will perform once for sure.
- CD's being use for background must be clearly marked with:
 - Your Name
 - Cut Number(s)
 - Order to be played
- Have CD's or Music already to go when you arrive so they can be given to sound technician
- Each performance will be judged, with points awarded for:
 - Technical Ability (out of 5)
 - Stage Presence (out of 5)
 - Audience Reaction (out of 10)
- Judges Awards to Registered Secwepemc Dreamcatcher Youth Conference Participates on final day of conference

1st (\$1000) 2nd (\$750) 3rd (\$500) 4th (\$300)

