

SPLATSÍN NEKŪ́ TĒ MAGCA

SPLATSIN MONTHLY



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FREE EVENT

You're invited to attend a screening of **KÍMMAPIIYIPITSSINI: THE MEANING OF EMPATHY**

A film by **ELLE-MÁIJÁ TAILFEATHERS**

MAY 6, 2022

DOORS OPEN @ 6:00 P.M.

FILM STARTS @ 6:30 P.M.

SPLATSIN COMMUNITY CENTRE



An intimate portrait of survival, love, and the collective work of healing in the Kainai First Nation in Southern Alberta, a Blackfoot community facing the impacts of substance use and a drug-poisoning epidemic.

THIS SCREENING INCLUDES HARM REDUCTION TRAINING, SNACKS, DRUMMING, AND MORE!

UPCOMING EVENTS

WELLBRIETY

May 3, 10, 17, 24, 31
5:00 p.m. - 7:00 p.m.

In-person Wellbriety sessions take place Tuesday evenings at the Splatsin Community Centre. Dinner is included.

Wellbriety is focused on helping people achieve balance, and an support with:

- Conflict and disharmony in relationships.
- Impacts of abuse and violence.
- Grief.
- Other subjects.

Contact Denica Bleau at (250) 309-2936 or Jean Brown at (250) 306-6741 for more info.

CREATIVE CORNER

May 4, 11, 18, 25
1:30 p.m. - 3:30 p.m.

Held Wednesday afternoons at the Splatsin Community Centre, Creative Corner focuses on creativity and culture.

Enjoy socializing and artistic activities.

- Rattle making
- Beading
- Painting
- Designing mugs
- Ribbon skirts
- Charcoal drawings
- Medicine bags
- Dream catchers
- And more!



INDIGENOUS MINDFULNESS WORKSHOP

May 5: 10:00 a.m. - 11:30 a.m.

Partake in smudging, meditation, drum breathing exercises, gentle yoga, and mindful eating. Held at the Splatsin Community Centre.

Register for this workshop by contacting Jessica Kent. E-mail jessica_kent@splatsin.ca or call (250) 309-2331.

MOTHER'S DAY CELEBRATION

May 14: 9:00 a.m. - 3:00 p.m.

Join us for a fun Mother's Day Celebration, taking place Saturday, May 14, 2022 at the Adams Lake Gym!

Location: 6349 Chief Jules Dr., Chase, BC.

Booths will be set up so you can make something special for Mother's Day!

- Drum making
- Beading
- Snacks
- Massages
- Pit Cookout
- Great Times



Register with Secwepemc Health Caucus and secure the booth you're interested in by e-mailing shcadmin@secwepemchealth.ca.

HARVEST & MEDICINE CREATION

May 16: 9:00 a.m. - 12:00 p.m.

Learn how to harvest traditional medicines, listen to an educational talk, and make tinctures.

Registration is required.

Jessica Kent
(250) 309-2331
jessica_kent@splatsin.ca

Denica Bleau
(250) 309-2936
denica_bleau@splatsin.ca



SASCU SUPPORTS RAIL TRAIL

(April 20, 2022) - The Shuswap North Okanagan Rail Trail is celebrated 2022 Earth Day with an announcement of a **\$50,000 donation** from SASCU Financial Group toward the construction of the rail trail. Dave King, Chair of SASCU Board of Directors, presented a cheque to rail trail owners Splatsin Kukpi7 Doug Thomas, Columbia Shuswap Regional District Board Chair Kevin Flynn, and Regional District of the North Okanagan Board Representative Councillor Brian Schreiner

“This project will help build connections among neighbours and foster healthy living,” said King. “We are so pleased to support this environmentally and community-driven initiative that has brought together partners from across the region.” Since 2008, SASCU has contributed more than \$2.3 million to support the Shuswap, with five percent of net operating income going toward community non-profit organizations and initiatives.

On behalf of Splatsin, Kukpi7 Doug Thomas thanked SASCU for the \$50,000 donation to the Shuswap North Okanagan Rail Trail. In Splatsin history, the railway represented a division of land and a loss of resources. Projects such as this one provide an opportunity for all involved to partake in reconciliation and to work together towards a common goal. For decades, there was little acknowledgement of the unceded territory that is British Columbia. To hear this may be startling to many British Columbians, however, partnering with First Nations and learning of the ways they lived off the land for thousands of years, will benefit and hopefully revive the practice of “take what you need, use all that you take”. This was vital to ensure that there were resources available for those yet unborn. The economic and land management benefits are the tip of the iceberg; the rail trail will promote a healthy lifestyle and exercise, family outings, the appreciation of nature and knowledge of the land as well as an improved understanding of the Secwepemc values and culture.

The announcement was made at Splatsin Community Centre where the first pilot section will be constructed between Splatsin and Enderby. The second section approved for construction will begin in Sicamous (km 0) to Mara (km 19.8) to address rock scaling, road crossings, bridge decking, safety signage, preliminary grading, and erosion.

The Capital Fundraising Campaign encourages corporate and community donors to support the rail trail project by making donations, as many grant applications require a matching financial commitment to qualify. All contributions are tax-deductible. Every dollar donated is leveraged for grants to construct additional kilometres on the rail trail.

For more information or to donate, visit www.ShuswapNorthOkanaganRailTrail.ca/donate

Established in 1946, SASCU Financial Group offers a broad range of personal and business financial services through SASCU Credit Union and its three lines of business, SASCU Insurance, SASCU Wealth and Commercial banking. Learn more at sascu.com



BE "BEAR AWARE"

As spring develops it is a wonderful time to get out on the tmicw (land). Title and Rights would like to remind you to be cautious because bears are waking up, and other animals have their young that they are trying to keep safe. Animals have made it through the long winter and are searching for food, and do not need any more stress. Please be careful enjoying the territory.

Here is a reminder to be bear aware and make your property bear-proof with as little damage as possible to the bear population or community members:

- Be aware that there are bears out and around so to keep garbage, birdfeeders and other types of food attractants locked up, empty or to make sure that it's not left unattended for too long to prevent bears hanging around and learning that people provide food sources.
- If you see a bear and it's not in transit to make noise and try to move it along, so long as there is a clear and safe way for the bear to leave the area.
- If people are leaving the office or their home, it's recommended to make noise as they are exiting and have a look around for any wildlife that may be moving through to let them know that you're there too and avoid any unwanted interaction. Bears are mostly just wanting to move through without any attention or trouble but it's increasingly more difficult for them to do so with all the development.

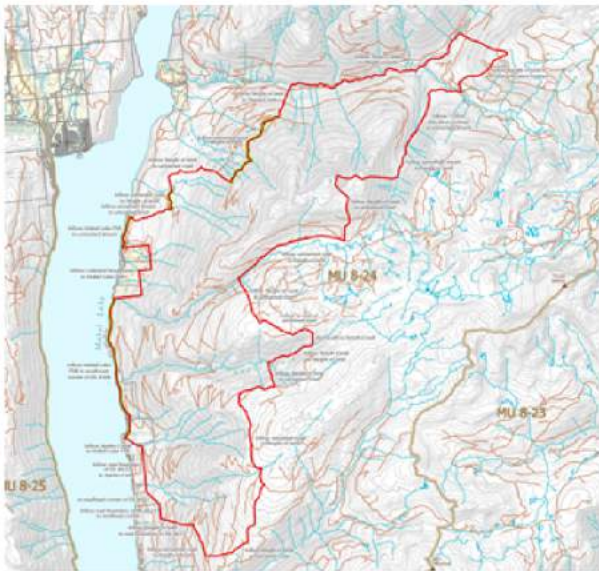
The Skwalaqs (Black Bear) is a friend to our people. They look after all the four-legged creatures as well as berries, fish, and water. We live in bear habitat and need to ensure that as stewards of the land, we are not contributing to unwanted conflict with wildlife.

If bears or cougars are showing more aggressive or threatening behaviour, please call the RAPP (report a poacher or polluter) line at +1 (877) 952-7277.

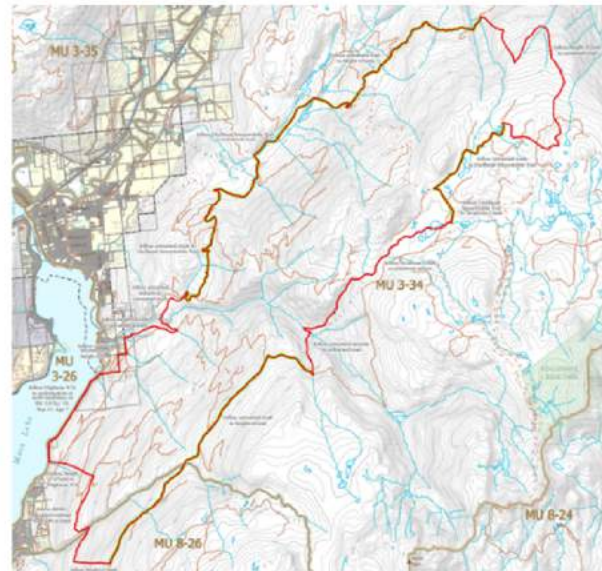


WILDFIRE ROAD CLOSURES

Title and Rights would like to inform the community that wildfire road closures (refer to the maps presented below) will be in effect for non-indigenous people. These closures **do not** apply to community members that are doing cultural and traditional practices.



Bunting Road Wildfire Closure



2 Mile Road Wildfire Closure



White Rock Lake Wildfire Closure

If you witness anyone poaching, dumping garbage, destruction to fish and wildlife habitat, polluting and damaging the natural environment, or driving in road closure areas please report to the Conservation Officer 24 hour hotline: +1 (877) 952-7277 (RAPP).

What to record if available:

- Description and number of people involved. Height, hair colour, etc.
- Details of violation.
- Description of vehicle and license plate.
- List of witnesses.

Please remember not to confront or approach the violators; instead, be sure to report incidents to the appropriate authorities.

Also, if you witness an animal collision or see a hit animal on the side of a road, please report to this incident to AIM Roads by calling +1 (866) 222-4204, so they can remove and dispose.



RECREATION

YOUTH AFTER SCHOOL PROGRAM

Occurring on Mondays and Fridays from 4-6 pm, this program is for youth ages 12-18. This is an opportunity for Splatsin children and youth to participate in fun, meaningful and beneficial activities.

JUNIOR YOUTH RECREATION PROGRAM


Occurring on Wednesdays from 3-5 pm, this program is for youth ages 7-14. It is geared toward introducing Splatsin children to the Recreation Program at an early age in order for our staff to develop strong connections for future programming opportunities.

SPORT DEVELOPMENT PROGRAM

For ages 10-18, this program is open to Splatsin youth who are interested in developing their interest and skills in a variety of sports. We will introduce youth to a variety of sports in hopes that they gain an interest in one or more. When this happens, staff will look for ways to get youth more thoroughly involved in their chosen sport(s).

For more information about recreational activities, contact the Recreation Manager, Kyle Crump: call (250) 838-6496 ext. 314 or e-mail kyle_crump@splatsin.ca.

05 MAY



SPLATSIN RECREATION PRESENTS


- JUNIOR YOUTH RECREATION**
 AGES 7-14
 3:00 - 5:00 PM (SUBJECT TO CHANGE)
 SPLATSIN CENTRE
- YOUTH RECREATION**
 AGES 12-18
 4:00 - 6:00 PM (SUBJECT TO CHANGE)
 SPLATSIN CENTRE
- SENIOR YOUTH RECREATION**
 AGES 19-29
 TIME TBD
 SPLATSIN CENTRE
- YOUTH SPORT DEVELOPMENT**
 AGES 10-18
 4:00 PM - 6:00 PM
 SPLATSIN CENTRE
- INTERGENERATIONAL ACTIVITY**
 AGES TBD
 TIME TBD
 SPLATSIN CENTRE

For more info about the Recreation Program's contact
Kyle Crump

2505407570 or
kyle_crump@splatsin.ca

	SUN	MON	TUE	WED	THU	FRI	SAT
MAY 1	Closed	2 Houseboat/ 9:00 am - 5:00 pm Limited Spaces	3 Closed- Admin	4 Junior Recreation Karaoke/Arts & Crafts	5 Youth Recreation Sport Development Golf	6 Youth Recreation H2O Kelowna	7 Closed
8	Closed	9 Youth Recreation Canoeing	10 Closed- Admin	11 Junior Recreation Thomas Hayes Ecological Park	12 Youth Recreation Sport Development Baseball	13 Youth Recreation Beyond Belief Escape Room	14 Closed
15	Closed	16 Youth Recreation Cooking	17 Closed- Admin	18 Junior Recreation Nature Walk Ashton Creek	19 Youth Recreation Sport Development Golf	20 Youth Recreation Kelowna Airhouse	21 Closed
22	Closed	23 Closed - Stat Victoria Day	24 Closed- Admin	25 Junior Recreation Canoeing - Mara Lake Provincial Park	26 Youth Recreation Sport Development Baseball	27 Youth Recreation Movie Night	28 Closed
29	Closed	30 Youth Recreation Canoeing	31 Closed- Admin	1 TBD	2 Youth Recreation We'll Let You Know!	3 Youth Recreation Coming Soon!	4 Closed

THE YOUNG MEN AND WOMEN OF SPLATSIN
YOUTH WANT TO BECOME STRONG





OTHER NEWS

HARVEST & MEDICINE CREATION

Sharing Mela'hma with Crystal Morris
Splatsin Community Centre

SESSION 1
Harvest traditional medicine, educational talk & make tinctures.

Monday, May 16
9:00 a.m. to 12:00 p.m.

REGISTRATION REQUIRED

Jessica Kent
(250) 309-2331
jessica_kent@splatsin.ca

SESSION 2
Refresher talk & make lotions, sprays and teas.

Monday, June 13, 2022
9:00 a.m. to 11:00 a.m.

Denica Bleau
(250) 309-2936
denica_bleau@splatsin.ca



JOIN THIS WEBINAR

The FNHA is inviting community leaders, Health Directors and other interested community members to join any of the upcoming drop-in webinars to learn more about the First Nations Regional Health Survey 4 (RHS4).

The RHS4 is a national health survey conducted by and for First Nations. It captures a snapshot of the health and wellness of First Nations peoples living within First Nation communities across Canada.

It is now more important than ever to ensure that First Nation voices are heard when it comes to health and wellness. This is a journey to create meaningful health information for First Nations in BC.

The webinars will function as a drop-in format. Come whenever the time works for you. There's no need to register ahead of time. Stay for a few minutes or for as long as your schedule allows.

For complete information, please visit splatsin.ca/fnrh-webinar



OTHER NEWS



FORESTRY SCHOLARSHIP

Indigenous Forestry Scholarship Program (IFSP) for Indigenous students attending full-time studies in a designated post-secondary program is now available.

Visit splatsin.ca/forestry-scholarship to view and download application forms.

Full scholarships include tuition, living expenses, paid internship placement & mentorship.

School term 2022/23. Work placement May-August, 2023 provided by one of our many forestry partners.



LIMITED SEATS
APPLY NOW

CLCAHL (HULLCAR) WATERSHED HEALTH ASSESSMENT

Splatsin Community Information Session

All Splatsin community members are invited to identify and guide development of Splatsin's values surrounding the Clcahl watershed.

Topics include:

- What is the Clcahl Watershed Health Assessment?
- Splatsin Water Champions Working Group
- Upcoming Splatsin Water Symposium
- Knowledge Exchange

There will be Door Prizes and a Catered Dinner!

This event is tentatively planned for May 12, 2022 from 5:00 p.m. to 7:00 p.m. at the Splatsin Community Centre.

For questions and to RSVP, please contact Robyn Laubman, Splatsin Territorial Water Manager by calling (250) 306-5980 or e-mailing robyn_laubman@splatsin.ca.

This event is subject to change pending future Splatsin, Provincial and/or Federal Health orders and directives

WATERSHED HEALTH ASSESSMENT



MAY 12
SAVE THE DATE

*Join us for a
screening of*

KÍMMAPIIYIPITSSINI: THE MEANING OF EMPATHY

A film by

ELLE-MÁIJÁ TAILFEATHERS

*"...an intimate portrait of survival,
love and the collective work of
healing in the Kainai First Nation in
Southern Alberta, a Blackfoot
community facing the impacts of
substance use and a
drug-poisoning epidemic."*

MAY 6, 2022

DOORS @ 6PM - FILM STARTS @ 6:30
SPLATSIN COMMUNITY CENTRE

HOSTED BY
SPLATSIN HEALTH SERVICES
MENTAL WELLNESS TEAM

*HARM REDUCTION TRAINING
AVAILABLE & MUCH MORE!*

