

NATIONAL ABORIGINAL ADDICTIONS AWARENESS WEEK

Splatsin Health Services

TIME	MON NOV 15	TUES NOV 16	WED NOV 17	THU NOV 18	FRI NOV 19
10:00am	NAAAW Walk 10am - 12pm - prayer - drumming - prayer ties - craft-kit give-out - takeaway food	Wellbriety International @11am online zoom; see 'online activities' page	Wellbriety International @11am online zoom; see 'online activities' page	Creating our Totem with Boundaries Workshop with Melanie Lansall 10:30am - 3:15pm <i>(register w\Denica)</i>	Wellbriety International @11am online zoom; see 'online activities' page
11:00am					
12:00pm					
1:00pm	Dr. Gabor Mate Videos online; see 'online options' page	Dr. Gabor Mate Videos online; see 'online options' page	Creative Corner 1:30 - 3:30pm		Talent Show Entries due! Send to Jessica
2:00pm					
3:00pm					
4:00pm	Closing Ceremony 5 - 7pm - burn prayer ties - closing prayer - take-away food				
5:00pm					

To register for **Creative Corner** contact:
 Denica Bleau ; denica_bleau@splatsin.ca ; (250)309-2936

To register for **Creating our Totem with Boundaries Workshop** contact:
 Denica Bleau ; denica_bleau@splatsin.ca ; (250)309-2936

To submit your **Talent Show** entries, contact:
 Jessica Kent ; jessica_kent@splatsin.ca ; (250)309-2331



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ONLINE Activities

WEBSITE	DATES	ACTIVITY
<p>Driving Change Together https://issuesofsubstance.ca/ Registration: https://www.xcdsystem.com/ccsa/attendee/index.cfm?D=GXoYbjG</p>	Nov 23 - 25	<ul style="list-style-type: none">- Workshops- Presentations
<p>Dr. Gabor Mate Videos Trauma & Healing: https://www.youtube.com/watch?v=UYvxlkCGmbQ&list=PL_pvzIE_TEy2u8XCixELofnwKHMJG1k6 Addiction: https://www.youtube.com/watch?v=H9B5mYfBPIY&list=PL_pvzIE_TEy3_LbatqSKIRt0-d0kmlJjr</p>	available at any time	<ul style="list-style-type: none">- Educational videos
<p>Creating our Totem with Boundaries Workshop with Melanie Lansall <i>(register w\Denica)</i></p>	November 18 1030am - 315pm	<ul style="list-style-type: none">- Workshop
<p>WELLBRIETY INTERNATIONAL: Wellbriety is an Indigenous 12-Step based program. The program focuses on healing from trauma and addictions. Website: us04web.zoom.us/j/5485380164 Meeting ID: 548-538-0164 // Password:488123</p>	Monday - Friday 11:00 AM	<ul style="list-style-type: none">- Workshops- Presentations

