

CHALLENGING STUDIES: SPLATSIN POST-SECONDARY STUDENTS



Alexis Lee at UBCO for Bachelor of Arts

"One challenge I have had with going to university during this pandemic is that it can be difficult staying on top of things without the normal routine of going to school every day. One thing I have learned about myself is that I can adapt to the changes that may come with this pandemic. Merry Christmas to the community and I hope all is well and healthy."

Aaron Leon at UBCO for Interdisciplinary Graduate Studies

"Some challenges of education during COVID-19 has been the added stress and change in daily life compared to before, as well as missing the social and networking aspect of going to school. Having everything done at home has made for more isolating times, and I definitely have taken for granted the amount of social aspect there is to attending University. I have learned that working at home requires a big commitment to oneself and school to keep on track. Managing ones living space and family is a full-time commitment so it's important to schedule school time, as well as time outside away from all the computer work. I hope everyone health and safety, living in COVID-19 times has made it a challenge to help those in need and carry on with family and social functions. I hope everyone's keeping their mental health well."



Angela Adams at TRU for Bachelor of Social Work

"There are many challenges that I face through this time of COVID-19 in my academic learning journey. I think that the biggest challenge I face is separating family time with school work time. It is nice that I don't need to drive to Kamloops every day, but at the same time I liked having the alone time and being able to separate life from school. When I wasn't home, I focused on school and when I was home, I focused on family. It seems so hard to do that when I am at home constant. I also was able to collaborate with other students and get help when needed. It seems so hard to connect with other students to do presentations and group work when we have to do it on zoom or over phone."

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Ash Simpson at CAPU for Indigenous Digital Filmmaking

"COVID-19 has brought many problems to light depression, anxiety, and lack of fresh air most of which was always a problem, but a pandemic gives someone with a history of mental health issues an excuse to not leave their bed and only just manage to get by. But surviving on one meal a day and having little to no communication with others, even to those your closest to, only does you more harm than good, but reaching out is hard. Pushing myself has never been more difficult. Knowing I have my family and friends' backing me gives me hope. 2020 has been a crazy year but that just means we need each other's support even more. I hope everyone has a wonderful and safe holiday and a happy new year."



Brayden Cook at UVIC for Theatre

"Keeping on track and finding the motivation to do absolutely anything has been difficult during the pandemic. I dislike online learning and have troubles keeping focused. Happy holidays all, stay safe and in good health. Let's get through this together and look for the light in the dark."

Brenna Joseph at TRU for Human Resources Diploma

"Online classes in university has been my biggest challenge I have faced with regards to my education and COVID-19 as it can be very challenging to find motivation. One thing I have learned about myself while

studying during a pandemic is that I used to think I enjoyed staying home all the time, but unfortunately, I hate it. Please continue to take COVID-19 seriously through the holiday season. Wear a mask while shopping for gifts, wash your hands regularly and keep your bubble as small as possible so hopefully we can go back to normal sooner than later. Merry Christmas and happy holidays to everyone."



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Cory Loxton-McMahon at SAIT for Object Oriented Software Development

"I have found the solitude during class time difficult to manage and allowing focus to wander easily. To help combat this, I try to keep a virtual presence by joining in on virtual study sessions and chatting with classmates whenever possible."

Easton Jones at UBCO for Earth & Environmental Sciences

"One of the major challenges for myself is trying to keep motivated. With online schooling there is not anyone to really keep you accountable but yourself. I found a new level of work ethic for myself with online schooling, through applying myself even more than past years of post-secondary. Hope everyone has a great holiday and stays safe."



Illyana Christian at CAPU for Indigenous Digital Filmmaking

"Technical difficulties have been a huge difficulty during COVID-19. I am now realizing that I took studying in-person for granted. I am missing connections with classmates. This holiday season, please wear a mask so I can have a future!"

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Jamieson Davidson at TRU for Bachelor in Tourism Management

"One challenge studying during a pandemic is definitely having to adjust to virtual classes and lectures, they're much more difficult than real time classes.

One thing I learned about myself is I spend way too much money on coffee while studying! Finally I hope everyone is staying healthy, staying safe, and whether it be online or in person, I hope we all have a great Christmas this year!"



Marshall Jones at ULETH for Bachelor of Environmental Science

"It has been difficult to learn online, the face-to-face lectures are very important, conversation in-class are not the same. I have to have good time management skills and have a weekly/daily to-do list. I wish everyone and their family a safe, healthy, and happy holidays! Merry Christmas and stay safe everyone!"

Teira Joseph at TRU for Human Services

"One challenge about going to university during covid-19 is not be able to connect in person with your classmates and professors. For me, this was so valuable to my learning and now since its all online I feel like we have lost that connection we were able to establish in person during class times. One thing I have learned about myself while studying during a pandemic is that self care is so important while attending university. Allowing time to take care of yourself is so important and will benefit your education. Have a good Christmas and I ask all members to take care and be kind to one another."



Xanthia Gonzales at OC (Vernon) for Administration Assistant

"I took a psycho-educational evaluation that determined I have a learning disability. Which I have been aware of my entire life. I typically need more one-on-one time with the professor or instructor. I also find I learn in a class setting, where I can bounce ideas off fellow classmates. The collective has more knowledge than the individual. So, it has been tough adapting to

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virtual courses. It's not always easy for the instructor to see my screen. There have been connectivity problems for the internet due to our low coverage area. As long as I put my mind to it, I am capable of achieving my goals. I have always been proud to say I am a Secwépemc woman from Splatasin. Grateful I had the opportunity to grow up in such a tight-knit community, and I know we will get through this pandemic together. Wishing you all health and happiness during these tough times!"